

November 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
CR-Craft Room DR-Dining Room PD- Private Dining Room	TR- Theater Room RL- Resident Lounge					1 10:00 Meditation Group (PD) 2:00 Board Games (PD) 4:00 Social Hour (RL)
2 2:00 Board Games (PD) 4:00 Social Hour (RL)	3 11:00 Discussion Group (PD) 12:00 Documentary (TR) 2:00 Mexican Train Dominoes (PD) 4:00 Social Hour (RL) No Movie Tonight	4 9:00 Strength & Low Impact Conditioning Menig 2:00 Board Games (PD) 4:00 Social Hour	5 9:00 Walking Group 10:00 Morgan Mornings (RL) 11:00 Cribbage (PD) 1:00 Resident Council meeting (DR) 2:00 Board Games (PD) 4:00 Social Hour (RL)	6 1:00 Skyjo (CR) 2:00 Bridge Club (PD) 2:30 Balance and Stretching (DR) 4:00 Social Hour (RL) 7:00 Movie Night (TR)	7 9:00 Coffee and Pastries (RL) 11:00 BINGO (DR) 2:00 5 Crowns (CR) 4:00 Social Hour (RL)	8 10:00 Meditation Group (PD) 2:00 Board Games (PD) 4:00 Social Hour (RL)
9 2:00 Board Games (PD) 4:00 Social Hour (RL)	10 11:00 Discussion Group (PD) 12:00 Documentary (TR) 2:00 Mexican Train Dominoes (PD) 4:00 Social Hour (RL)	11 9:00 Strength & Low Impact Conditioning Menig 11:30Food Discussion Meeting (PD) 2:00 Board Games (PD) 4:00 Social Hour	12 9:00 Walking Group 10:00 Morgan Mornings (RL) 11:00 "Paint and Sip" 2:00 Board Games (PD) 4:00 Social Hour (RL)	13 1:00 Skyjo (CR) 2:00 Bridge Club (PD) 2:30 Balance and Stretching (DR) 4:00 Social Hour (RL) 7:00 Movie Night (TR)	14 9:00 Coffee and Pastries (RL) 1:00 Curtis MacDonald Performance (DR) 2:00 5 Crowns (CR) 4:00 Social Hour (RL)	15 10:00 Meditation Group (PD) 2:00 Board Games (PD) 4:00 Social Hour (RL)
16 2:00 Board Games (PD) 4:00 Social Hour (RL)	17 11:00 Discussion Group (PD) 12:00 Documentary (TR) 2:00 Mexican Train Dominoes (PD) 4:00 Wine Tasting Social Hour (RL) 7:00 Movie Night (TR)	18 9:00 Strength & Low Impact Conditioning Menig 11:00 TED TALKS (TR) 2:00 Board Games (PD) 4:00 Social Hour	19 9:00 Walking Group 10:00 Morgan Mornings (RL) 11:00 Ashley Lincoln and Michael Costa Visit (DR) 2:00 Board Games (PD) 4:00 Social Hour (RL)	20 12::00 Birthday Celebration (DR) 1:00 Skyjo (CR) 2:00 Bridge Club (PD) 2:30 Balance and Stretching (DR) 4:00 Social Hour (RL) 7:00 Movie Night (TR)	22 9:00 Coffee and Pastries (RL) 1:00 Card Making Workshop (DR) 2:00 5 Crowns (CR) 4:00 Social Hour (RL)	22 10:00 Meditation Group (PD) 2:00 Board Games (PD) 4:00 Social Hour (RL)
23 2:00 Board Games (PD) 4:00 Social Hour (RL)	24 11:00 Discussion Group (PD) 12:00 Documentary (TR) 2:00 Mexican Train Dominoes (PD) 4:00 Social Hour (RL)	25 9:00 Strength & Low Impact Conditioning Menig 2:00 Board Games (PD) 4:00 Social Hour	26 9:00 Walking Group 10:00 Morgan Mornings (RL) 2:00 Board Games (PD) 4:00 Social Hour (RL)	27 Happy Thanksgiving! 1:00 Thanksgiving Meal No Exercise Today 4:00 Social Hour (RL)	28 9:00 Coffee and Pastries (RL) 2:00 5 Crowns (CR) 4:00 Social Hour (RL)	29 10:00 Meditation Group (PD) 2:00 Board Games (PD) 4:00 Social Hour (RL)
30 2:00 Board Games (PD) 4:00 Social Hour (RL)						

Wednesday, November 5— Cribbage is Back! If you like to play cribbage there will be a group meeting in the private dining room at 11:00. Bring your cribbage board everyone is welcome.

Wednesday, November 5— There will be a Resident Council meeting will be held at 1:00 in the dining room. Everyone is welcome to join.

Friday, November 7— BINGO! We will be playing BINGO in the dining room at 11:00. Come down and see if you will be the next BINGO champ.

Tuesday, November 11— There will be a food discussion group at 11:30 in the private dining room. Bring your questions and comments to share with the Chef. Everyone is welcome.

Wednesday, November 12— We will be having a paint and sip, at 11:00 in the dining room. You don't have to be an artist to have fun.

Friday, November 14— Curtis MacDonald will be here to perform for us. This concert will be held at 1:00 in the dining room.

Monday, November 17— We will have a wine tasting in the lounge at 4:00. This is open to everyone there will be snacks and non-alcoholic beverages available.

Tuesday, November 18- There will be TED talks in the theater room at 11:00.

Wednesday, November 19— Ashley Lincoln and Michael Costa will be here to talk to us at 11:00 in the dining room. Everyone is encouraged to come with your questions.

Thursday, November 20— At 12:00 we will hold our monthly Birthday celebration. This will be in the dining room. Everyone is welcome to come celebrate the residents and staff who have a Birthday in November.

Friday, November 22— There will be a card making workshop at 1:00 in the dining room. Please sign up at the front desk.

Thursday, November 27— **Happy Thanksgiving!** This year we will be having our Thanksgiving meal at 1:00 in the afternoon. We will be having a traditional style Thanksgiving "Dinner" there is a sign up sheet at the front desk, please indicate weather you will be here, if you are having guests and number of guests and if you would like a table reserved. We are looking for a final head count no later than November 20. **Please note; we will NOT be able to accept guests after November 20.**



2025

Activities and Events