

# January 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>RL—Resident Lounge</b> <b>CR—Craft Room</b> <b>DR— Dining Room</b> <b>TR— Theater Room</b> <b>GR— Game Room</b>				<b>1 12:30 New Year's Meal</b> 2:30 Balance and Stretching (DR) 4:00 Social Hour (RL) <b>Happy New Year!</b>	<b>2</b> 9:00 Coffee Hour (RL) 2:00 5 Crowns (CR) 4:00 Social Hour (RL)	<b>3</b> 10:00 Meditation Group (PD) 2:00 Board Games (PD) 4:00 Social Hour (RL)
<b>4</b> 2:00 Board Games (PD) 4:00 Social Hour (RL)	<b>5</b> 11:00 Discussion Group (PD) 1:00 Documentary (TR) 2:00 Mexican Train Dominos (PD) 4:00 Social Hour (RL) 7:00 MOVIE NIGHT “The Great Imposter”	<b>6</b> 9:00 Strength & Low Impact Conditioning <a href="#">Menig</a> 2:00 Board Games (PD) 4:00 Social Hour (RL)	<b>7</b> 9:00 Walking Group 10:00 Morgan Mornings (RL) <b>1:00 Resident Council Meeting (DR)</b> 4:00 Social Hour (RL)	<b>8</b> 1:00 Skyjo (CR) 2:00 Bridge Group (PD) 2:30 Balance and Stretching (DR) 4:00 Social Hour (RL) 7:00 MOVIE NIGHT (TR)	<b>9</b> 9:00 Coffee Hour (RL) <b>11:00 BINGO (DR)</b> 2:00 5 Crowns (CR) 4:00 Social Hour (RL)	<b>10</b> 10:00 Meditation Group (PD) 2:00 Board Games (PD) 4:00 Social Hour (RL)
<b>11</b> 2:00 Board Games (PD) 4:00 Social Hour (RL)	<b>12</b> 11:00 Discussion Group (PD) 1:00 Documentary (TR) 2:00 Mexican Train Dominos (PD) 4:00 Wine Tasting/Social Hour( RL)	<b>13</b> 9:00 Strength & Low Impact Conditioning <a href="#">Menig</a> 11:30 Food Discussion Group (PD) 2:00 Board Games (PD) 4:00 Social Hour (RL)	<b>14</b> 9:00 Walking Group 10:00 Morgan Mornings (RL) <b>1:00 Marybeth Lang Performance (DR)</b> 4:00 Social Hour (RL)	<b>15</b> 1:00 Skyjo (CR) 2:00 Bridge Group (PD) 2:30 Balance and Stretching (DR) 4:00 Social Hour (RL) 7:00 Movie Night (TR)	<b>16</b> 9:00 Coffee Hour (RL) <b>11:00 Paint and Sip (PD)</b> 2:00 5 Crowns (CR) 4:00 Social Hour (RL)	<b>17</b> 10:00 Meditation Group (PD) 2:00 Board Games (PD) 4:00 Social Hour (RL)
<b>18</b> 2:00 Board Games (PD) 4:00 Social Hour (RL)	<b>19</b> 11:00 Discussion Group (PD) 1:00 Documentary (TR) 2:00 Mexican Train Dominos (PD) 4:00 Social Hour (RL) 7:00 MOVIE NIGHT (TR)	<b>20</b> 9:00 Strength & Low Impact Conditioning <a href="#">Menig</a> <b>12:00 Ted Talk (TR)</b> 2:00 Board games 4:00 Social Hour (RL)	<b>21</b> 9:00 Walking Group 10:00 Morgan Mornings (RL) 2:00 Board Games (DR) 4:00 Social Hour (RL)	<b>22</b> 1:00 Skyjo (CR) 2:00 Bridge Group (PD) 2:30 Balance and Stretching (DR) 4:00 Social Hour (RL) 7:00 Movie Night (TR)	<b>23</b> 9:00 Coffee Hour (RL) <b>12:00 Italian Food Tasting (DR)</b> 2:00 5 Crowns (CR) 4:00 Social Hour (RL)	<b>24</b> 10:00 Meditation Group (PD) 2:00 Board Games (PD) 4:00 Social Hour (RL)
<b>25</b> 2:00 Board Games (PD) 4:00 Social Hour (RL)	<b>26</b> 11:00 Discussion Group (PD) 1:00 Documentary (TR) 2:00 Mexican Train Dominos (PD) 4:00 Social Hour (RL)	<b>27</b> 9:00 Strength & Low Impact Conditioning <a href="#">Menig</a> <b>11:00 BINGO (DR)</b> 2:00 Board Games (PD) 4:00 Social hour (RL)	<b>28</b> 9:00 Walking Group 10:00 Morgan Mornings (RL) <b>12:00 Birthday Celebration (DR)</b> 4:00 Social Hour (RL)	<b>29</b> 1:00 Skyjo (CR) 2:00 Bridge Group (PD) <b>2:30 No Exercise Class</b> 4:00 Social Hour (RL) 7:00 Movie Night (TR)	<b>30</b> 9:00 Coffee Hour (RL) <b>1:00 Card Making Workshop (DR)</b> 2:00 5 Crowns (CR) 4:00 Social Hour (RL)	<b>31</b> 10:00 Meditation Group (PD) 2:00 Board Games (PD) 4:00 Social Hour (RL)

**Welcome to 2026! This year we will be taking a trip around the world. Our first stop will be Italy.**

**Thursday, January 1**– Happy New Year! We will be having a special New Year's meal at 12:30.

**Friday, January 2– Wednesday, January 7**– There will be a resident Council Meeting at 1:00 in the dining room. Everyone is welcome to attend.

**Friday, January 9**– At 11:00 we will be playing BINGO in the dining room.

**Monday, January 12**– There will be a wine tasting at 4:00 in the resident lounge. Everyone is welcome to join. There will be non alcoholic beverages as well.

**Tuesday, January 13**– We will have a food discussion meeting in the private dining room. Come with your questions and comments to share with chef Keith. Everyone is welcome to attend.

**Wednesday, January 14**– We will have a performance by Marybeth Lang. Marybeth is a Patsy Cline tribute artist and will be singing for us. This will be at 1:00 in the dining room.

**Friday, January 16**– There will be a “paint and Sip” in the private dining room. You don't have to be an artist to have fun.

**Tuesday, January 20**– at 12:00 we will have TED Talks in the theater room.

**Friday, January 23**– at 12:00 there will be an Italian food tasting in the dining room. Come enjoy a small taste of Italy.

**Tuesday, January 27**– BINGO! We will be playing another round of BINGO at 11:00 in the dining room.

**Wednesday, January 28**– We will be celebrating all the resident's and staff Birthdays, at 12:00 in the dining room. Everyone is welcome to join.

**Friday, January 30**– At 1:00 we will have a card making workshop in the dining room. If you would like to attend please sign up at the front desk.

# JANUARY

## ACTIVITIES AND EVENTS

