

January 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
RL—Resident Lounge CR—Craft Room DR— Dining Room TR— Theater Room GR— Game Room				1 12:30 New Year's Meal 2:30 Balance and Stretching (DR) 4:00 Social Hour (RL) Happy New Year!	2 9:00 Coffee Hour (RL) 2:00 5 Crowns (CR) 4:00 Social Hour (RL)	3 10:00 Meditation Group (PD) 2:00 Board Games (PD) 4:00 Social Hour (RL)
4 2:00 Board Games (PD) 4:00 Social Hour (RL)	5 11:00 Discussion Group (PD) 1:00 Documentary (TR) 2:00 Mexican Train Dominos (PD) 4:00 Social Hour (RL) 7:00 MOVIE NIGHT “The Great Imposter”	6 9:00 Strength & Low Impact Conditioning Menig 2:00 Board Games (PD) 4:00 Social Hour (RL)	7 9:00 Walking Group 10:00 Morgan Mornings (RL) 1:00 Resident Council Meeting (DR) 4:00 Social Hour (RL)	8 1:00 Skyjo (CR) 2:00 Bridge Group (PD) 2:30 Balance and Stretching (DR) 4:00 Social Hour (RL) 7:00 MOVIE NIGHT (TR)	9 9:00 Coffee Hour (RL) 11:00 BINGO (DR) 2:00 5 Crowns (CR) 4:00 Social Hour (RL)	10 10:00 Meditation Group (PD) 2:00 Board Games (PD) 4:00 Social Hour (RL)
11 2:00 Board Games (PD) 4:00 Social Hour (RL)	12 11:00 Discussion Group (PD) 1:00 Documentary (TR) 2:00 Mexican Train Dominos (PD) 4:00 Wine Tasting/Social Hour (RL)	13 9:00 Strength & Low Impact Conditioning Menig 11:30 Food Discussion Group (PD) 2:00 Board Games (PD) 4:00 Social Hour (RL)	14 9:00 Walking Group 10:00 Morgan Mornings (RL) 1:00 Marybeth Lang Performance (DR) 4:00 Social Hour (RL)	15 1:00 Skyjo (CR) 2:00 Bridge Group (PD) 2:30 Balance and Stretching (DR) 4:00 Social Hour (RL) 7:00 Movie Night (TR)	16 9:00 Coffee Hour (RL) 11:00 Paint and Sip (PD) 2:00 5 Crowns (CR) 4:00 Social Hour (RL)	17 10:00 Meditation Group (PD) 2:00 Board Games (PD) 4:00 Social Hour (RL)
18 2:00 Board Games (PD) 4:00 Social Hour (RL)	19 11:00 Discussion Group (PD) 1:00 Documentary (TR) 2:00 Mexican Train Dominos (PD) 4:00 Social Hour (RL) 7:00 MOVIE NIGHT (TR)	20 9:00 Strength & Low Impact Conditioning Menig 12:00 Ted Talk (TR) 2:00 Board games 4:00 Social Hour (RL)	21 9:00 Walking Group 10:00 Morgan Mornings (RL) 2:00 Board Games (DR) 4:00 Social Hour (RL)	22 1:00 Skyjo (CR) 2:00 Bridge Group (PD) 2:30 Balance and Stretching (DR) 4:00 Social Hour (RL) 7:00 Movie Night (TR)	23 9:00 Coffee Hour (RL) 12:00 Italian Food Tasting (DR) 2:00 5 Crowns (CR) 4:00 Social Hour (RL)	24 10:00 Meditation Group (PD) 2:00 Board Games (PD) 4:00 Social Hour (RL)
25 2:00 Board Games (PD) 4:00 Social Hour (RL)	26 11:00 Discussion Group (PD) 1:00 Documentary (TR) 2:00 Mexican Train Dominos (PD) 4:00 Social Hour (RL)	27 9:00 Strength & Low Impact Conditioning Menig 11:00 BINGO (DR) 2:00 Board Games (PD) 4:00 Social hour (RL)	28 9:00 Walking Group 10: 00 Morgan Mornings (RL) 12:00 Birthday Celebration (DR) 4:00 Social Hour (RL)	29 1:00 Skyjo (CR) 2:00 Bridge Group (PD) 2:30 No Exercise Class 4:00 Social Hour (RL) 7:00 Movie Night (TR)	30 9:00 Coffee Hour (RL) 1:00 Card Making Workshop (DR) 2:00 5 Crowns (CR) 4:00 Social Hour (RL)	31 10:00 Meditation Group (PD) 2:00 Board Games (PD) 4:00 Social Hour (RL)

Welcome to 2026! This year we will be taking a trip around the world. Our first stop will be Italy.

- Thursday, January 1**– Happy New Year! We will be having a special New Year’s meal at 12:30.
- Friday, January 2– Wednesday, January 7**– There will be a resident Council Meeting at 1:00 in the dining room. Everyone is welcome to attend.
- Friday, January 9**- At 11:00 we will be playing BINGO in the dining room.
- Monday, January 12**– There will be a wine tasting at 4:00 in the resident lounge. Everyone is welcome to join. There will be non alcoholic beverages as well.
- Tuesday, January 13**– We will have a food discussion meeting in the private dining room. Come with your questions and comments to share with chef Keith. Everyone is welcome to attend.
- Wednesday, January 14**– We will have a performance by Marybeth Lang. Marybeth is a Patsy Cline tribute artist and will be singing for us. This will be at 1:00 in the dining room.
- Friday, January 16**– There will be a “paint and Sip” in the private dining room. You don’t have to be an artist to have fun.
- Tuesday, January 20**– at 12:00 we will have TED Talks in the theater room.
- Friday, January 23**– at 12:00 there will be an Italian food tasting in the dining room. Come enjoy a small taste of Italy.
- Tuesday, January 27**– BINGO! We will be playing another round of BINGO at 11:00 in the dining room.
- Wednesday, January 28**– We will be celebrating all the resident’s and staff Birthdays, at 12:00 in the dining room. Everyone is welcome to join.
- Friday, January 30**– At 1:00 we will have a card making workshop in the dining room. If you would like to attend please sign up at the front desk.

JANUARY

ACTIVITIES
AND EVENTS

