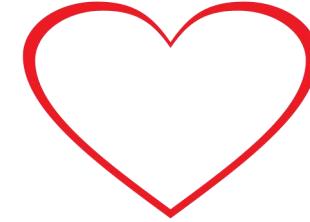


# February 2025



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> 2:00 Board Games (PD) 4:00 Social Hour (RL)	<b>2</b> 11:00 Discussion Group (PD) <b>1:00 Documentary (TR)</b> 2:00 Mexican Train Dominos (PD) 4:00 Social Hour (RL) <b>7:00 MOVIE NIGHT (TR)</b>	<b>3</b> 9:00 Strength & Low Impact Conditioning <b>Menig</b> <b>11:00 TED Talks (TR)</b> 2:00 Board Games (PD) 4:00 Social Hour (RL)	<b>4</b> 9:00 Walking Group 10:00 Morgan Mornings (RL) <b>1:00 Resident Council Meeting (DR)</b> 4:00 Social Hour (RL)	<b>5</b> 1:00 Skyjo (DR) 2:00 Bridge Group (PD) 2:30 Balance and Stretching (DR) 4:00 Social Hour (RL) <b>7:00 Movie Night (TR)</b>	<b>6</b> 9:00 Coffee Hour (RL) <b>10:00 Valentine Card Making Workshop (DR)</b> 2:00 5 Crowns (CR) 4:00 Social Hour (RL)	<b>7</b> 10:00 Meditation Group (PD) 2:00 Board Games (PD) 4:00 Social Hour (RL)
<b>8</b> 2:00 Board Games (PD) 4:00 Social Hour (RL)	<b>9</b> 11:00 Discussion Group (PD) <b>1:00 Documentary (TR)</b> 2:00 Mexican Train Dominos (PD) 4:00 Social Hour (RL)	<b>10</b> 9:00 Strength & Low Impact Conditioning <b>Menig</b> <b>11:30 Food discussion meeting (PD)</b> 2:00 Board Games (PD) 4:00 Social Hour (RL)	<b>11</b> 9:00 Walking Group 10:00 Morgan Mornings (RL) 2:00 <b>NEW Quiddler (DR)</b> 4:00 Social Hour (RL)	<b>12</b> 1:00 Skyjo (DR) 2:00 Bridge Group (PD) 2:30 Balance and Stretching (DR) 4:00 Social Hour (RL) <b>7:00 Movie Night (TR)</b>	<b>13</b> 9:00 Coffee Hour (RL) <b>11:00 BINGO (DR)</b> 2:00 5 Crowns (CR) 4:00 Social Hour (RL)	<b>14</b> 10:00 Meditation Group (PD) 2:00 Board Games (PD) <b>12:00 Wine Tasting/Valentine's Day Celebration (DR)</b> 4:00 Social Hour (RL)
<b>15</b> 2:00 Board Games (PD) 4:00 Social Hour (RL)	<b>16</b> 11:00 Discussion Group (PD) <b>1:00 Documentary (TR)</b> 2:00 Mexican Train Dominos (PD) 4:00 Social Hour (RL) <b>7:00 MOVIE NIGHT (TR)</b>	<b>17</b> 9:00 Strength & Low Impact Conditioning <b>Menig</b> <b>1:00 Chinese Calligraphy "Workshop" (DR)</b> 2:00 Board Games (PD) 4:00 Social Hour (RL)	<b>18</b> 9:00 Walking Group 10:00 Morgan Mornings (RL) <b>1:00 Card Making Workshop (DR)</b> 4:00 Social Hour (RL)	<b>19</b> 1:00 Skyjo (DR) 2:00 Bridge Group (PD) 2:30 Balance and Stretching (DR) 4:00 Social Hour (RL) <b>7:00 Movie Night (TR)</b>	<b>20</b> 9:00 Coffee Hour (RL) 2:00 5 Crowns (CR) 4:00 Social Hour (RL)	<b>21</b> 10:00 Meditation Group (PD) 2:00 Board Games (PD) 4:00 Social Hour (RL)
<b>22</b> 2:00 Board Games (PD) 4:00 Social Hour (RL)	<b>23</b> 11:00 Discussion Group (PD) <b>1:00 Documentary (TR)</b> 2:00 Mexican Train Dominos (PD) 4:00 Social Hour (RL)	<b>24</b> 9:00 Strength & Low Impact Conditioning <b>Menig</b> <b>11:00 BINGO (DR)</b> 2:00 Board games (PD) 4:00 Social Hour (RL)	<b>25</b> 9:00 Walking Group 10:00 Morgan Mornings (RL) <b>1:00 Mike Chapman Performance (DR)</b> 2:00 <b>NEW Quiddler (DR)</b> 4:00 Social Hour (RL)	<b>26</b> 1:00 Skyjo (DR) 2:00 Bridge Group (PD) 2:30 Balance and Stretching (DR) 4:00 Social Hour (RL) <b>7:00 Movie Night (TR)</b>	<b>27</b> 9:00 Coffee Hour (RL) <b>12:00 Birthday Party (DR)</b> 2:00 5 Crowns (CR) 4:00 Social Hour (RL)	<b>28</b> 10:00 Meditation Group (PD) 2:00 Board Games (PD) 4:00 Social Hour (RL)
						RL- Resident Lounge CR- Craft Room DR- Dining Room TR -Theater Room GR - Game Room PD - Private Ding Room

**This month we will be going to China.**

**Tuesday, February 3** - We will have TED Talks in the theater room at 11:00.

**Wednesday, February 4** - 1:00 the Resident Council Meeting will be held in the dining room. This meeting is open to everyone.

**Friday, February 6** - At 10:00 we will have a resident run Valentine card making workshop in the dining room, everyone is welcome.

**Tuesday, February 10** – At 11:30 there will be a food discussion meeting in the private dining Room. This is open to all Residents.

**Wednesday, February 11** – **NEW!** Quiddler has been added to the calendar. Quiddler is a word game in card form. It is described as a combination of Scabble and Gin Rummy.

**Friday, February** – At 11:00 we will be playing BINGO in the dining room.

**Saturday, February 14** - There will a Valentine's Day gathering/wine tasting in the Lounge at 4:00, **Please Note**; There will be non alcoholic beverages available as well and everyone is welcome. There is a sign up at the front desk. This will give us an idea how many people will be attending.

**Tuesday, February 17** – In honor of the Chinese Lunar New Year the year of the Fire Horse, we will have a Chinese Calligraphy “work shop” at 1:00 in the dining room. We will be learning to write our names or simple phrases. We will also be enjoying traditional Red Envelope cookies.

**Wednesday, February 18** - There will be a card making workshop in the dining room at 1:00. Sign up at the Front Desk

**Tuesday, February 24** – BINGO! Do you love to play BINGO? Do you love to win prizes? Come to the Dining Room at 11:00 and do both.

**Wednesday, February 25** - Come down to the dining room at 1:00 to welcome our friend Mike Chapman back to Strode. He will be here to perform for us. This will be held in the dining room.

**Friday, February 27** - Happy Birthday! We will have our monthly Birthday celebration at 12:00 in the Dining Room.

# FEBRUARY

## ACTIVITIES

## AND EVENTS

