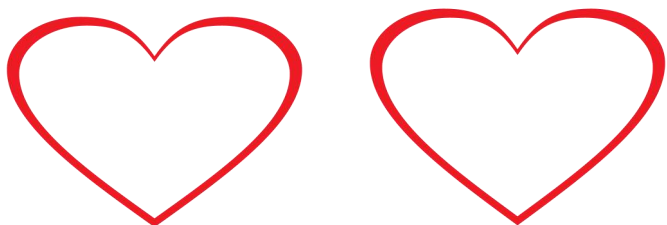


February 2025



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 2:00 Board Games (PD) 4:00 Social Hour (RL)	2 11:00 Discussion Group (PD) 1:00 Documentary (TR) 2:00 Mexican Train Dominos (PD) 4:00 Social Hour (RL) 7:00 MOVIE NIGHT (TR)	3 9:00 Strength & Low Impact Conditioning Menig 11:00 TED Talks (TR) 2:00 Board Games (PD) 4:00 Social Hour (RL)	4 9:00 Walking Group 10:00 Morgan Mornings (RL) 1:00 Resident Council Meeting (DR) 4:00 Social Hour (RL)	5 1:00 Skyjo (DR) 2:00 Bridge Group (PD) 2:30 Balance and Stretching (DR) 4:00 Social Hour (RL) 7:00 Movie Night (TR)	6 9:00 Coffee Hour (RL) 10:00 Valentine Card Making Workshop (DR) 2:00 5 Crowns (CR) 4:00 Social Hour (RL)	7 10:00 Meditation Group (PD) 2:00 Board Games (PD) 4:00 Social Hour (RL)
8 2:00 Board Games (PD) 4:00 Social Hour (RL)	9 11:00 Discussion Group (PD) 1:00 Documentary (TR) 2:00 Mexican Train Dominos (PD) 4:00 Social Hour (RL)	10 9:00 Strength & Low Impact Conditioning Menig 11:30 Food discussion meeting (PD) 2:00 Board Games (PD) 4:00 Social Hour (RL)	11 9:00 Walking Group 10:00 Morgan Mornings (RL) 2:00 NEW Quiddler (DR) 4:00 Social Hour (RL)	12 1:00 Skyjo (DR) 2:00 Bridge Group (PD) 2:30 Balance and Stretching (DR) 4:00 Social Hour (RL) 7:00 Movie Night (TR)	13 9:00 Coffee Hour (RL) 11:00 BINGO (DR) 2:00 5 Crowns (CR) 4:00 Social Hour (RL)	14 10:00 Meditation Group (PD) 2:00 Board Games (PD) 12:00 Wine Tasting/Valentine's Day Celebration (DR) 4:00 Social Hour (RL)
15 2:00 Board Games (PD) 4:00 Social Hour (RL)	16 11:00 Discussion Group (PD) 1:00 Documentary (TR) 2:00 Mexican Train Dominos (PD) 4:00 Social Hour (RL) 7:00 MOVIE NIGHT (TR)	17 9:00 Strength & Low Impact Conditioning Menig 1:00 Chinese Calligraphy "Workshop" (DR) 2:00 Board Games (PD) 4:00 Social Hour (RL)	18 9:00 Walking Group 10:00 Morgan Mornings (RL) 1:00 Card Making Workshop (DR) 4:00 Social Hour (RL)	19 1:00 Skyjo (DR) 2:00 Bridge Group (PD) 2:30 Balance and Stretching (DR) 4:00 Social Hour (RL) 7:00 Movie Night (TR)	20 9:00 Coffee Hour (RL) 2:00 5 Crowns (CR) 4:00 Social Hour (RL)	21 10:00 Meditation Group (PD) 2:00 Board Games (PD) 4:00 Social Hour (RL)
22 2:00 Board Games (PD) 4:00 Social Hour (RL)	23 11:00 Discussion Group (PD) 1:00 Documentary (TR) 2:00 Mexican Train Dominos (PD) 4:00 Social Hour (RL)	24 9:00 Strength & Low Impact Conditioning Menig 11:00 BINGO (DR) 2:00 Board games (PD) 4:00 Social Hour (RL)	25 9:00 Walking Group 10:00 Morgan Mornings (RL) 1:00 Mike Chapman Performance (DR) 2:00 NEW Quiddler (DR) 4:00 Social Hour (RL)	26 1:00 Skyjo (DR) 2:00 Bridge Group (PD) 2:30 Balance and Stretching (DR) 4:00 Social Hour (RL) 7:00 Movie Night (TR)	27 9:00 Coffee Hour (RL) 12:00 Birthday Party (DR) 2:00 5 Crowns (CR) 4:00 Social Hour (RL)	28 10:00 Meditation Group (PD) 2:00 Board Games (PD) 4:00 Social Hour (RL)
						RL- Resident Lounge CR- Craft Room DR- Dining Room TR -Theater Room GR - Game Room PD - Private Ding Room

This month we will be going to China.

Tuesday, February 3 - We will have TED Talks in the theater room at 11:00.

Wednesday, February 4 - 1:00 the Resident Council Meeting will be held in the dining room. This meeting is open to everyone.

Friday, February 6 - At 10:00 we will have a resident run Valentine card making workshop in the dining room, everyone is welcome.

Tuesday, February 10 – At 11:30 there will be a food discussion meeting in the private dining Room. This is open to all Residents.

Wednesday, February 11– **NEW!** Quiddler has been added to the calendar. Quiddler is a word game in card form. It is described as a combination of Scabble and Gin Rummy.

Friday, February– At 11:00 we will be playing BINGO in the dining room.

Saturday, February 14 - There will a Valentine's Day gathering/wine tasting in the Lounge at 4:00, **Please Note;** There will be non alcoholic beverages available as well and everyone is welcome. There is a sign up at the front desk. This will give us an idea how many people will be attending.

Tuesday, February 17—In honor of the Chinese Lunar New Year the year of the Fire Horse, we will have a Chinese Calligraphy “work shop” at 1:00 in the dining room. We will be learning to write our names or simple phrases. We will also be enjoying traditional Red Envelope cookies.

Wednesday, February 18 - There will be a card making workshop in the dining room at 1:00. Sign up at the Front Desk

Tuesday, February 24-BINGO! Do you love to play BINGO? Do you love to win prizes? Come to the Dining Room at 11:00 and do both.

Wednesday, February 25 - Come down to the dining room at 1:00 to welcome our friend Mike Chapman back to Strode. He will be here to perform for us. This will be held in the dining room.

Friday, February 27 - Happy Birthday! We will have our monthly Birthday celebration at 12:00 in the Dining Room.

FEBRUARY

ACTIVITIES

AND EVENTS

