

# May 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>GR—Game Room</b> <b>PD—Private Dining Room</b> <b>RL —Resident Lounge</b>	<b>CR—Craft Room</b> <b>DR—Dining Room</b> <b>TR—Theater Room</b>					
<b>3</b> 2:00 Board Games (PD) 4:00 Social Hour (RL)	<b>4</b> 11:00 Discussion Group (PD) 1:00 <b>Documentary Monday</b> 2:00 Mexican Train Dominoes (PD) 4:00 Social Hour (RL) 7:00 <b>Movie Night</b>	<b>5</b> 9:00 Strength and Low Impact Conditioning <b>Menig</b> 1:00 <b>Conner Frost performance (DR)</b> 2:00 Board Games (PD) 4:00 <b>Wine Tasting/ Social Hour (RL)</b>	<b>6</b> 9:00 Walking Group 10:00 Morgan Mornings (RL) 1:00 <b>Resident Council Meeting (DR)</b> 2:00 Board Games (PD) 4:00 Social Hour (RL)	<b>7</b> 1:00 SKYJO (DR) 2:00 Bridge Club (PD) 2:30 Balance and Stretching class (DR) 4:00 Social Hour (RL) 7:00 <b>Movie Night (TR)</b>	<b>1</b> 9:00 Coffee Hour (RL) 11:00 <b>BINGO (DR)</b> 2:00 5 Crowns (CR) 4:00 Social Hour (RL)	<b>2</b> 10:00 <b>Meditation Group (PD)</b> 1:00 <b>Mahjong (DR)</b> 2:00 Board Games (PD) 4:00 Social Hour (RL)
<b>10</b> 2:00 Board Games (PD) 4:00 Social Hour (RL) 12:00 <b>Mother's Day Brunch</b>	<b>11</b> 11:00 Discussion Group (PD) 1:00 <b>Documentary Monday</b> 2:00 Mexican Train Dominoes (PD) 4:00 Social Hour (RL)	<b>12</b> 9:00 Strength and Low Impact Conditioning <b>Menig</b> 11:30 <b>Food Discussion Meeting (DR)</b> 2:00 Board Games (PD) 4:00 Social Hour (RL)	<b>13</b> 9:00 Walking Group 10:00 Morgan Mornings (RL) 11:00 <b>TED Talks (TR)</b> 2:00 Board Games (PD) 4:00 Social Hour (RL)	<b>14</b> 1:00 SKYJO (DR) 2:00 Bridge Club (PD) 2:30 Balance and Stretching class (DR) 4:00 Social Hour (RL) 7:00 <b>Movie Night (TR)</b>	<b>15</b> 9:00 Coffee Hour (RL) 11:00 <b>Michael Costa Visit (DR)</b> 2:00 5 Crowns (CR) 4:00 Social Hour (RL)	<b>16</b> 10:00 <b>Meditation Group (PD)</b> 1:00 <b>Mahjong (DR)</b> 2:00 Board Games (PD) 4:00 Social Hour (RL)
<b>17</b> 2:00 Board Games (PD) 4:00 Social Hour (RL)	<b>18</b> 11:00 Discussion Group (PD) 1:00 <b>Documentary Monday</b> 2:00 Mexican Train Dominoes (PD) 4:00 Social Hour (RL) 7:00 <b>Movie Night</b>	<b>19</b> 9:00 Strength and Low Impact Conditioning <b>Menig</b> 2:00 Board Games (PD) 4:00 Social Hour (RL)	<b>20</b> 9:00 Walking Group 10:00 Morgan Mornings( RL) 1:00 <b>Card Making Workshop (DR)</b> 2:00 Board Games (PD) 4:00 Social Hour (RL)	<b>21</b> 1:00 SKYJO (DR) 2:00 Bridge Club (PD) 2:30 Balance and Stretching class (DR) 4:00 Social Hour (RL) 7:00 <b>Movie Night (TR)</b>	<b>22</b> 9:00 Coffee Hour (RL) 2:00 5 Crowns (CR) 4:00 Social Hour (RL)	<b>23</b> 10:00 <b>Meditation Group (PD)</b> 1:00 <b>Mahjong (DR)</b> 2:00 Board Games (PD) 4:00 Social Hour (RL)
<b>24</b> 2:00 Board Games (PD) 4:00 Social Hour (RL)	<b>25</b> 1:00 Discussion Group (PD) 1:00 <b>Documentary Monday</b> 2:00 Mexican Train Dominoes (PD) 4:00 Social Hour (RL)	<b>26</b> 9:00 Strength and Low Impact Conditioning <b>Menig</b> 11:00 <b>BINGO! (DR)</b> 2:00 Board Games (CR) 4:00 Social Hour (RL)	<b>27</b> 9:00 Walking Group 10:00 Morgan Mornings (RL) 2:00 Board Games (PD) 4:00 Social Hour (RL)	<b>28</b> 1:00 SKYJO (DR) 2:00 Bridge Club (PD) 2:30 Balance and Stretching class (DR) 4:00 Social Hour (RL) 7:00 <b>Movie Night (TR)</b>	<b>29</b> 9:00 Coffee Hour (RL) 12:00 <b>Monthly Birthday Celebration (DR)</b> 2:00 5 Crowns (CR) 4:00 Social Hour (RL)	<b>30</b> 10:00 <b>Meditation Group (PD)</b> 1:00 <b>Mahjong (DR)</b> 2:00 Board Games (PD) 4:00 Social Hour (RL)
<b>31</b> 2:00 Board Games (PD) 4:00 Social Hour (RL)						

For the month of May we will be traveling around the United States. Come up to the theater room every Monday at 1:00 to enjoy a documentary highlighting a different part of our beautiful country.

**NEW!** We have added Mahjong to the calendar. There will be a Mahjong game down stairs every Saturday at 1:00.

**Friday, May 1**– BINGO! We will be playing Bingo in the dining room at 11:00.

**Tuesday, May 5**– At 1:00 we will have a performance by Connor Lin Frost. Connor is a Shelburn based musician who plays the guitar and trumpet. He will be performing some original music as well as a mixed genre.

**Tuesday, May 5**– At 4:00 we will have a “Cinco de Mayo” wine tasting. There will be Non Alcoholic beverages as well. Everyone is welcome to join.

**Wednesday, May 6**– At 1:00 there will be a Resident council meeting in the dining room. Everyone is welcome to join.

**Friday, May 8**– There will be a paint and sip at 11:00 in the private dining room. Everyone is welcome you don't have to be an artist to have fun. Just come as you are and paint what inspires you.

**Friday, May 8**– Tech drop in with Jessamyn West. Jessamyn will be set up in the dining room to help with your tech questions from **1:00– 3:00**. this will be drop in style so please be patient if there are others waiting.

**Tuesday, May 12**- At 11:30 there will be a food discussion meeting in the private dining room. Everyone is welcome to join. This is a great time to share your thoughts with the chef.

**Wednesday, May 13**– We will have Ted Talks at 11:00 in the theater room.

**Friday, May 15**– At 11:00 we will be having a visit from Michael Costa. He will be here to answer any questions we may have and provide some updates about Gifford. If you have questions please send them to Jessica or Erin before hand and we will pass them on to Michael

**Wednesday, May 20**– There will be a card making work shop at 1:00 in the dining room. Sign up at the front desk.

**Tuesday, May 26**– Bingo There will be a BINGO game in the dining room at 11:00. Come on down to try your luck you may be the next BINGO Champion.

**Friday May 29- Happy Birthday!** Come on down to the dining room and help celebrate staff and residents who have a Birthday in May. Everyone is welcome to join.



**2026**

**Activities**

**& Events**